

Janet H. Prystowsky, MD, PC



Dermatologic Surgery

Isolaz Procedure Instructions

Treatment is painless. Isolaz removes blockages in the pores, including blackheads, dirt, oil and dead cells. All skin types can be treated. A light mist will be applied to hydrate the skin followed by the use of the photopneumatic tip of the Isloaz laser to painlessly remove bacteria.

- Avoid sun exposure and tanning booths for 2 weeks before treatment or during treatment. Doing so will greatly increase your risks of a side effect.
- Use an SPF 30 or higher sunblock daily.
- There may be a slight redness for a few minutes after your session; however your skin will feel smoother.
- Most patients experience reduced blotchiness, decreased pore size, and flattening of blemishes within 24 – 48 hours. Oil production is decreased as well as the frequency & severity of breakouts.
- Be gentle with the areas treated (particularly with pigment treatments and crusted areas)
- If there is any blistering or breakage of the skin after the procedure, you should use an antibiotic ointment such as Bacitracin or Polysporin at least 2 times a day to keep the area moist.
- Please call us immediately if these are not minimal, localized or very superficial.
- Acne patients should expect the greatest improvement post 3rd treatment.
- Normal skin care, including acne medications can be resumed immediately, unless otherwise directed by Dr. Prystowsky.
- Makeup may also be applied immediately after treatment.

Usually 6 treatments are necessary, but single treatments can be done for oiliness, breakouts, maintenance therapy, or to complement other treatments, such as facials, peels, microdermabrasion, and photo facial rejuvenation.

- **Please call the office 212-230-1212** if you have any questions or concerns.